

## Padmavti Newse

Mrs Padmavati Newase 47yrs /female from Shirwal Satara, Maharashtra. Presented with complaints of DM in case of HTN ,constipation, Insomnia . She is admitted in Sanjivani Ayush Hospital pune its been 4 days she is undergoing naturopathy and ayurvedic treatment protocol . In this 4 days her blood glucose level has been balanced initially at the time of admission her PP BSL was 232mg/dl and on 4<sup>th</sup> day of treatment her PP is 120.

| Sr no | PECULARITIES      | PRE                                   | POST                                                                         |
|-------|-------------------|---------------------------------------|------------------------------------------------------------------------------|
| 1     | MEDICAL CONDITION | HTN ,<br>DM,constipation,<br>Insomnia | Blood glucose level balanced.                                                |
| 2     | HOSPITAL          | -----                                 | Sanjivani Ayush Hospital BRC<br><br>CLINIC @ HOME<br><br>BY DR. SUNIL CHAVAN |
| 3     | MEDICATION        |                                       | DIP Diet                                                                     |

|   |                       |            |                                                                                                  |
|---|-----------------------|------------|--------------------------------------------------------------------------------------------------|
|   |                       |            | Ayurvedic<br>panchakarma<br><br>Acupressure<br><br>Naturopathy<br>treatment<br><br>Liver shuddhi |
| 4 | PHYSICAL<br>CONDITION | drowziness | Symptoms<br>reduced up to<br><br>70%                                                             |
| 5 | INVESTIGATIONS        | --         | --                                                                                               |