

VIMALA DOSHI

Mrs vimla Dilkhush Doshi 76 yr old female from Marine Drive mumbai presented with the complaints of frozen shoulder since 1 year constipation since 1 month and obesity her BMI value was 35.7 which was altering her daily routine like difficulty in walking as she needed constant support of family family. She was admitted in Sanjivani Ayush Hospital pune on 13/01/2025 for 15 days residential program. In that 15 day residential program various kinds of Naturopathy treatment Ayurvedic treatment were given . After all the treatment she has been lost around 5 kgs from 75kg to 70kg and an issue of constipation has been resolved along with this improvement in Frozen shoulder have been seen. Her walking gait has improved and can walk without support.

Sr no	PECULARITIES	PRE	POST
1	MEDICAL CONDITION	frozen shoulder changed walking pattern obesity	Symptoms reduced up to 80%
2	HOSPITAL		Sanjivani Ayush Hospital BRC CLINIC @ HOME BY DR. SUNIL CHAVAN
3	MEDICATION		DIP Diet Ayurvedic panchakarma Acupressure Naturopathy treatment
4	PHYSICAL CONDITION	frozen shoulder changed walking pattern obesity	Symptoms reduced up to 80%
5	INVESTIGATIONS	--	--

